

Millennium Express 5th Annual Track & Field Meet

1st Call: 7:30a.m.

Start: 8:00a.m.

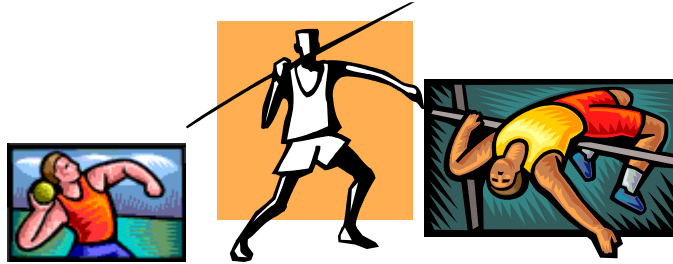
Order of Events

<i>Events</i>	<i>Round</i>	<i>Divisions</i>
<i>1500M</i>	<i>Final</i>	<i>Bantam - Int.</i>
<i>100M</i>	<i>Final</i>	<i>Sub-Bantam - Bantam</i>
<i>800M</i>	<i>Final</i>	<i>Bantam - Int.</i>
<i>200M</i>	<i>Final</i>	<i>Midget - Int.</i>
<i>4X100</i>	<i>Relay</i>	<i>Sub-Bantam - Youth</i>
<i>400</i>	<i>Final</i>	<i>Bantam - Int.</i>

Field Events

<i>High Jump</i>	<i>Final</i>	<i>Youth, Int., Bantam, Midget</i>
<i>Long Jump</i>	<i>Final</i>	<i>Int., Youth, Midget, Ban., Sub.</i>
<i>Mini-Javelin</i>	<i>Final</i>	<i>Midget, Sub., Int., Ban, Youth</i>
<i>Shot Put</i>	<i>Final</i>	<i>Bantam, Midget, Youth, Int.</i>
<i>Discus</i>	<i>Final</i>	<i>Int., Youth, Midget</i>

Field events will run simultaneously on a continuous basis.



Millennium

Xpress

Track Club

April 2007

Greetings Coaches,

Millennium Express Track Club has begun their 6th season and the coaches and board would like to extend to you an invitation to our 5th Annual Track and Field meet. Our date is set for April 21, 2007 at Mira Mesa High School with the Meet Director being our own Coach Rod Williams. Enclosed you will find registration and meet information. Please note that the deadline for all athlete entries will be **Tuesday, April 17, 2007**. Coaches, for seeding purposes, send best times for the 100, 200, and 400 meter events. Submit all entries on a disk using the HyTyk, Meet Management Program. For those that do not have Hytek, you may submit entries via email to mxtc2001@aol.com. On your submitted entries, provide an e-mail address in order to receive all pre-meet information. Please review your information carefully upon receipt as there will be no corrections accepted after **Thursday, April 19, 2006**.

Team packets will be available for pick-up on **Saturday, April 21, 2006 at 7:00 a.m.** There will be **NO changes** or day of meet registration; **NO exceptions**. Also, please use the event numbers that will be provided in the packet.

If there are any questions or concerns, feel free to contact **Duane James** at **(858) 695-0821** or MXTC2001@aol.com.

Have a great and fun season with your youth!

Regards,

Duane James
Head Coach